



Wandering Women Spring Cruise



Leigh Ann Falconer Falconer Travel Advisors

Trip dates

Mar 4, 2027 - Mar 8, 2027

Destination

Bahamas

Packages starting at



\$558.05 per person

[→ Book a package](#)

About this trip

Set sail on a fun spring getaway aboard the Norwegian Gem, designed especially for our group. Enjoy a relaxed, welcoming atmosphere as you cruise from Tampa to the sun-kissed beaches of the Bahamas. From onboard dining and entertainment to shore excursions at Great Stirrup Cay, this voyage offers the perfect blend of connection, adventure, and time to unwind together.



Leigh Ann Falconer

[Itinerary \(/bookings/bwFe3kfvXV7a8vHyuzTV7bu3#header-itinerary\)Packages \(/bookings/bwFe3kfvXV7a8vHyuzTV7bu3#header-packages\)Extra options \(/bookings/bwFe3kfvXV7a8vHyuzTV7bu3#header-addons\)](#)

Itinerary

Cruise on Norwegian Gem

Norwegian Gem



Cruise · Thu, Mar 4

Departs from

Tampa, Florida (<https://www.google.com/maps/search/?api=1&query=Tampa%2C%20Florida>)

Departure date

March 4, 2027

Ship / Stateroom

Norwegian Cruise Line Norwegian Gem

Arrives in

Tampa, Florida (<https://www.google.com/maps/search/?api=1&query=Tampa%2C%20Florida>)

Arrival date

March 8, 2027

Duration

5 days, 2 ports

Enjoy the more intimate, relaxed atmosphere of our mid-size ship, Norwegian Gem® whilst sailing to top destinations. This sparkling cruise ship is the perfect choice for year-round cruises in style. Sail to the Caribbean, Bahamas, Europe, Canada & New England, or even embark on a Transatlantic voyage or one of our Extraordinary Journeys—you can even take a weekend cruise and toss your timetable to the breeze. Fuel up for the day's activities with your favourite beverage from Starbucks. With the award-winning Mandara Spa and Thermal Suite, hot tubs and pool, pampering “me time” is a must! Then roll into good times in the casino. The excitement doesn't end when the sun goes down, with live entertainment and unique bars and lounges, from Sugarcane Mojito Bar to Maltings Beer & Whiskey and more. Savour every moment with a wide range of

delicious speciality and complimentary dining options, including Cagney's Steakhouse and La Cucina Italian restaurant. You won't want to miss cruising to unforgettable destinations on this gem!

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Balcony



Lodging

\$843.10 per person

Deposit: \$50.00 per person

[→ Book now](#)

10 left · Available until November 4, 2026

Balcony staterooms come with two lower beds that convert into a queen-size bed, with additional bedding for up to 2. Also includes a sitting area and floor-to-ceiling glass doors that open to a private balcony. Some can connect, offering more options when travelling with family or friends.





Oceanview



Lodging

\$618.10 per person

Deposit: \$50.00 per person

[→ Book now](#)

5 left · Available until November 4, 2026

Up to four guests can stay in these Oceanview Staterooms. Includes two lower beds that convert into a queen-size bed and additional bedding to accommodate up to two more guests, as well as a porthole to enjoy the view. Some can connect, perfect when travelling with family or friends.



Inside



Lodging

\$558.05 per person

Deposit: \$50.00 per person

[→ Book now](#)

5 left · Available until November 4, 2026

These Inside Staterooms are the most affordable way to cruise. There's room for up to four guests and they include two lower beds that convert into a queen-size bed and of course, you'll have room service and many other amenities.





Our Group Inclusions

We have received 10% off retail fares.


Oceanview and Balcony Suites will also **receive 4 Amenities** from the list below.


Inside Cabins **will receive 2 amenities** from the list below.

 **Unlimited Open Bar** Premium spirits, cocktails, wine, draft beer, juice, and soda throughout the ship — plus full beverage service on Great Stirrup Cay.

 **Specialty Dining** Enjoy elevated dining at Norwegian's specialty restaurants. The number of meals included varies by cruise length. For our sailing one specialty meal would be included.

 **Wi-Fi Package** Each guest receives **150 minutes of Wi-Fi**, perfect for checking in at home or sharing your vacation moments.

 **Shore Excursion Credits** The first guest in each stateroom receives a **\$50 credit per port** toward excursions booked through Norwegian.

 **Drinks on Great Stirrup Cay** Your beverage package works seamlessly on NCL's private island, so you can sip and relax on the beach.

Additional charges apply for gratuities on Unlimited Open Bar and Specialty Dining.

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Dining on Norwegian Gem



Restaurant

Le Bistro

Romance is in the air at our signature French restaurant. Elegant interiors, crisp white linens and attentive servers make this an intimate dining experience. By the end of your meal, you might just be proclaiming c'est magnifique!

Price Per Person: Cover Charge USD \$60

Orchid Garden

Enjoy our Asian Fusion dining venue featuring freshly prepared noodles, delicious wok fried dishes, authentic soups, and more.

Price Per Person: Cover Charge US\$50

Teppanyaki

Sit at a lively shared table as a skillful chef perfectly prepares shrimp, steak, chicken and fried rice on a large steel grill. And you've got a front row seat to all the sizzles and surprises in our Japanese restaurant.

Price Per Person: Cover Charge USD \$60

Garden Café

Whatever you're craving, chances are you will find it at the Garden Café. This complimentary, indoor buffet restaurant serves up breakfast, lunch and dinner

Price Per Person: Complimentary

The Great Outdoors

Come as you are, even in your swimsuit, to this casual, buffet bar serving grilled favourites like burgers, hot dogs and great ocean views.

Price Per Person: Complimentary

Cagney's Steakhouse

Specialising in Premium Black Angus Beef and exceptional seafood, this American-style steakhouse is second to none. With classic cocktails, an extensive wine list, and attentive service, Cagney's Steakhouse offers a truly delightful dining experience.

Price Per Person: Cover Charge USD \$60

La Cucina Italian Restaurant

Buona Sera! Enjoy the finest ingredients at our vibrant Italian ristorante. Dine on Italian classics and indulge with a rich homemade Tiramisu. Your good evening just got better.

Price Per Person: Cover Charge USD \$40

Magenta

One of our two Main Restaurants serving a variety of culinary delights with a contemporary flair.

Price Per Person: Complimentary

Moderno Churrascaria

Looking for a unique experience? Our authentic Brazilian churrascaria is a must. Start with an impressive salad bar, but save plenty of room for our slow-roasted meats carved tableside by our Passadores.

Price Per Person: Cover Charge USD \$50

Bali Hai Bar

Enjoy casual dining to suit every taste. From grilled burgers to hot dogs, come as you are and eat as you like after a night out or before your day begins.

Grand Pacific

Stunning in design with ocean views, this Main Restaurant offers traditional cuisine to please every palate.

Price Per Person: Complimentary

O'Sheehan's Bar & Grill

O'Sheehan's offers classic pub fare in a relaxed atmosphere. With popular dishes like the Reuben Sandwich and Fish n' Chips, O'Sheehan's has all your favourite comfort foods. So try one of our beers or cocktails on tap and catch a game with us!

Price Per Person: Complimentary

Topsiders Bar & Grill

Enjoy casual dining to suit every taste. From grilled burgers to hot dogs, come as you are and eat as you like after a night out or before your day begins.

Price Per Person: Complimentary

Sushi

In the mood for sushi? Take a seat at this contemporary sushi bar for some traditional Japanese culinary bites.

Price Per Person: Cover Charge USD \$50

Room Service

Available 24 hours a day, simply pick up the phone and order breakfast, lunch, dinner or late-night munchies. A room service fee may apply.


Price Per Person: Room Service Fee may apply.

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 [View 18 photos](#)

Activities on Norwegian Gem

Great Stirrup Cay Escape to The Great Life

Great Stirrup Cay isn't just an island in The Bahamas, it's an escape to The Great Life. And The Great Life isn't just about cruising to your very own private island; it's about unlocking a state of mind. It's a cool drink in your hand at the 2,600 sq. metres pool. The roar of jet skis and a gentle breeze through your cabana. It's shouting at the top of your lungs as you race down the larger-than-life tower of water slides. And it's gazing onto white sand beaches all afternoon. Here, you have the freedom to do what you want, when you want. That's The Great Life, and it's about to get GREATER on the incredible, new Great Stirrup Cay.

Great Life Lagoon

What do ten blue whales, 20 tennis courts, three Washington Monuments, one large cruise ship and Mt. Everest's peak all have in common? They're roughly the same size as our new, 28,000-sq.-ft. pool. Throw in two swim-up bars, beach-style water entry for kids, water features, ocean views, cabanas and you've got yourself a pretty spectacular Caribbean day!

Epic slides. Towering cliff jumps. One unforgettable splash.

Get ready to live the great life at full speed. Spanning the size of several football fields, Great Tides Waterpark is the bold new thrill zone at Great Stirrup Cay - where adventure meets relaxation. Race down sea-inspired

slides, drift through a winding river with tunnels that might just be hiding a secret adventure, or leap from dramatic cliffside platforms into crystal-clear waters. Little ones can splash and play in a vibrant water zone, whilst grown-ups unwind with cocktails in a glowing grotto bar. Whether you're chasing high-speed thrills or laid-back vibes, Great Tides delivers next-level excitement for everyone.

What's Included on Great Stirrup Cay?

This isn't your typical holiday spot - it's our island, which means it's your island. The same superb service you receive on board applies here too. Like complimentary meals and endless activities with Free at Sea™. So, get ready to play, explore, relax and enjoy an unforgettable day in The Bahamas!

Introducing Free at Sea Plus™

Free at Sea Plus™ makes your escape to the great life even greater. Upgrade for only £39.99 per person per day and your unlimited premium beverage package will follow you to Great Stirrup Cay. Plus, you'll get a taste of luxury on board too, with wine and Champagne from our signature collection, top-shelf spirits, more speciality dining experiences at a discounted rate, high-speed Wi-Fi made for streaming and more.

Excursions

GO LOCAL TOURS

Authentic multicultural experiences await on a Go Local Tour with NCL. Explore how people in cities around the world live, work, eat and play on unique tours designed for guests who thrive on culture-connecting and unforgettable exploration.

ADVENTURE RUSH

Start by letting your imagination run wild. Mush your way across an ice field in Alaska. Surf in Kaua'i. Soar through the sky on a zipline on Harvest Caye. Go tubing in Belize or even airboat through the Florida Everglades. Your adventure awaits.

HISTORIC TIMES

Get up close and personal with places you've seen only in pictures. Then take some of your own. Stand in the shadow of the Colosseum. Tour a medieval castle. Unravel the mysteries of the Mayan ruins. Or catch a glimpse of the revered Emerald Buddha in the Grand Palace of Bangkok. Take a history lesson like no other.

WONDERS OF NATURE

Hang with the locals in Australia. Or pack your camera and enjoy majestic humpback whales near Hawai'i, glaciers in Alaska, the soaring cliffs of Greece or the golden foliage in New England. They're all naturally wondrous scene-stealers.

LAID-BACK LEISURE

Sometimes you just want to soak in the sun — and your surroundings. So find that perfect secluded beach and take it all in. Or shop the local markets for great bargains and take home a little something to complement your amazing holiday.

SELFIE TOURS

Get your smile – and your mobile device – ready for a tour like no other. With NCL's Selfie Tours, we will take you to picture-perfect places to fill your feed. Many of our tours are guided by a selfie expert who will show you how to perfect your angle, use a selfie stick and more.

Behind The Scenes Tour

Experience the exciting Behind The Scenes Tour of our crew working areas, including exclusive access to the Bridge, Engine Control Room, Main Galley, Laundry and so much more.

The Chapel

This on-board chapel also functions as a meeting room.

Private Vow Renewal

Nothing says "I love you" like saying it all over again. Book a private ceremony to renew your wedding vows for the ultimate romantic holiday. Here's what our Private Vow Renewal Package includes.

- Bottle of Sparkling Wine, Chocolate Covered Strawberries & Canapes - in Stateroom
- Vows Ceremony Performed by a Ship Officer
- Ceremony Music
- One Single Red Rose
- Couple's Cake
- Champagne Toast
- Keepsake Vow Renewal Certificate
- 8 x 10 Professional Portrait in an Engraved Frame


Booked guests, please contact us [here \(https://nclh.my.salesforce-sites.com/SpecialEventRequestWebForm\)](https://nclh.my.salesforce-sites.com/SpecialEventRequestWebForm) to timetable a vow renewal.

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 [View 14 photos](#)

Entertainment on Norwegian Gem

Gem Casino & Bar

Spin your way to the jackpot playing the most popular slots including reel and video slots. Or pull up a chair at your favourite table game, from blackjack to craps and more. Whatever games you choose, you can bet on a good time in our award-winning casino.

Gem Casino Bar

The Gem Casino Bar is located in Norwegian Gem's casino which features a circus theme reflecting bold and brash colours of traditional travelling circuses at the turn of the century.

Stardust Theatre

It's showtime! And we've got a really big show for you at the Stardust. Enjoy Broadway and Vegas-style shows.

Blazing Boots

You are all invited to Blazing Boots - a first-class tribute to pop country showcasing songs from the genre's biggest superstars including Reba McEntire, Carrie Underwood, Luke Bryan, and many others. This dazzling production blends eye popping music video visuals, hot vocals, and innovative choreography into an evening that is part rock concert, and all fun. From tear-your-heart-out country ballads to barn burning up tempo hits, this show is sure to get you fired up and your boots "blazing".

Ignite the Night

Fusing the visual dynamics of American Idol, the red-carpet fashion of the American Music Awards, and the driving force of Dancing with the Stars, IGNITE THE NIGHT promises an evening of high-energy excitement. A vivid mix of dance, style, and design -choreographed by Dancing with the Stars Pro Dancer and Celebrity Britt Stewart.

The Broadway Cabaret

Experience the dazzling talents of our Gem Production Vocalists as they present the finest Broadway tunes. If you are a fan of the vibrant world of musicals, this is the cabaret for you. Enjoy an evening of the most beloved show tunes from well-known classics to hidden gems, spanning from soulful ballads to sensational Broadway blockbusters.

The Welcome Aboard Show

Embark on a thrilling voyage to preview your cruise's sensational entertainment. From the powerhouse performances of the Gem Production Cast, get to know our dynamic team and brace yourself for surprises that promise to set the stage for an unforgettable holiday ahead!

Magnum's Champagne & Wine Bar

Inspired by the Art Nouveau era using Charles Rennie Mackintosh's design elements and colours.

Arcade

Level up your fun at the Arcade! Take on thrilling challenges - capture aliens, pilot a fighter jet, race to the finish, and more. Can you rise to the top and claim the highest score?

Bliss Ultra Lounge & Night Club

A lounge inspired by all things spherical and out of space. Bubbles, the use of lighting, colour and ultraviolet artworks will be throughout this room. The lounge is also equipped with plasma TVs.

Atrium Bar

Amid the hustle and bustle of the Atrium, treat yourself to a mid-day Bloody Mary or your drink of choice. This is a morning and late-night favorite serving beer, wine, cocktails and more.

Maltings Beer & Whiskey Bar

Contemporary bar area with a backdrop reflecting the production of beer.

Shakers Martini & Cocktail Bar

Art Deco inspired with a large screen behind the bar depicting James Bond inspired graphic silhouettes of funky images from the 60's & 70's.

Onboard Shopping

EFFY Jewellery

Effy Hematian has been designing and manufacturing fine jewellery in the heart of New York's Diamond District for over 40 years. By combining uncompromising attention to detail, exceptional gemstones, and quality American craftsmanship, Effy has become one of the most celebrated and desired jewellery brands in the world today - available to you onboard at tax-and duty-free pricing.

Park West Gallery

Take home something you'll never forget! Our impressive onboard art gallery has everything from contemporary to classics-Peter Max to Picasso-giving you access to an unparalleled collection of fine art. Looking for a little excitement? Try attending our live art auctions where you can raise a glass with our Art Team as the bidding gets fast and furious. Plus, everyone who visits our gallery gets a free work of art!

The Photo Gallery

We have everything you need, to capture it all: Binoculars, Camera/Phone Accessories, Professional Portraits, Souvenir, Photography, Photo Books, Wall Art, 3D Photo Crystals, Souvenir Frames, Collectable Photo Accessories & more!

The Tides

Conveniently located in the Atrium, Tides offers the very best deals of the cruise, our exciting one day specials give you the chance to make savings of up to 70% off US prices what better way to take home a gift for everyone. Make sure you check the Freestyle Daily for day and time of each daily special.

Trade Routes Boutiques

Large department store offering a wide selection of branded & choice items.

Tradewinds

The Tradewinds shop on board offers an extensive range of must have items and Duty-free merchandise, all of which have great savings to US domestic prices. We also offer a best price guarantee, if you are planning to shop this Cruise the best deals are right here on board the beautiful Norwegian Gem.

Spinnaker Lounge

At night, the atmosphere at the Spinnaker Lounge is charged when the music comes up and the stage becomes a dance floor. Panoramic views make this the place perfect for parties and informal meetings.

Corona Cigar Club

Step into the world of rolled premium cigars, cognacs and spirits at the Cigar Club. This is one place where it is completely acceptable to light up in public.

Sugarcane Mojito Bar

Freshly muddled just the way you like, enjoy a refreshing mojito with friends – day or night.

Great Outdoors Bar

Enjoy wine, beer and a fully selection of cocktails at this covered outdoor bar.

Art Gallery

Stroll through Norwegian Gem's Art Gallery of original works for sale by a wide range of well-known artists.

Business Centre & Meeting Rooms

Norwegian Gem's meeting room area features various individual rooms. They can be used together or separately.

Professional Portraits

Take advantage of this time together whilst onboard to create beautiful photographs that will last a lifetime. Our professional photographers set up studios in the atrium and around the ship each night so you can have a variety of images to choose from. Relax, have fun and build your digital portfolio - it's always free to try! Visit the Photo Gallery to learn more, view your photos and enjoy great deals on photography packages, frames, wall art, 3D Crystals, binoculars, mobile accessories and more!

Starbucks®

Warm up with a Caramel Macchiato or cool down with a Teavana® Shaken Iced Green Tea Lemonade. Recount the day's excitement with your friends over Chai Lattes and a scone. Come on by Starbucks® to make your holiday even sweeter.

The Library

You'll find a well-stocked selection of things to read with all the elegant trimmings a good library deserves including a stellar view.

Game Shows

Deal or No Deal

Enjoy an exhilarating show where contestants play and deal for cash in a high-energy contest of nerves and intuition.

Play cards will be available for purchase onboard.

Wheel of Fortune

Wheel of Fortune is here! From Hollywood to the High Seas, experience this new interactive game show where everyone plays along on their mobile devices to solve puzzles and collect matches for a chance to win great prizes, including a Free Cruise! Watch the show or play along - everyone is invited.

Famous Riffz

Get ready to play loud-this is the game show that ROCKS! Two teams go head-to-head in high-energy music trivia, battling it out in rounds all powered by our electrifying house band, The Riffz. With bonus rounds, surprise tiebreakers, and audience participation that can shift the score, every show is full of twists and epic moments. Contestants get to live the dream on stage with a live band, whilst the audience enjoys a unique blend of concert vibes and game show excitement.

Sake Bar

Full Sake Bar within the Orchid Garden Restaurant.

Vibe Beach Club

Vibe Beach Club is an exclusive, adults-only retreat with ocean views, plush loungers, an oversized hot tub, and perks like chilled towels and fruit skewers. Access requires a Pass or Cabana for two, available for your full cruise. Reserve early-space is limited.

Vibe Beach Club – Access Pass

An exclusive oasis at the top of the ship, Vibe Beach Club is an adults-only getaway full of panoramic ocean views, drinks and upgraded lounge chairs with umbrellas. With this package, you'll enjoy Vibe Beach Club access for the entire length of your cruise.

Vibe Beach Club – Cabana (includes two Access Passes)

Your exclusive, adults-only retreat at the top of the ship is even more peaceful with your own space. With this package, you'll enjoy Vibe Beach Club from the comfort of a private cabana for the entire length of your cruise. Spend the day relaxing in style with special food & drink menus and complimentary amenities such as water spritzers, chilled towels and skewers of fruit.

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Kid & Teen on Norwegian Gem

Entourage

It is time to change the way you play. Entourage for 13-17 year olds offers modern, digital, and inclusive options to engage the way you want. Connect. Influence. Create. Be You.

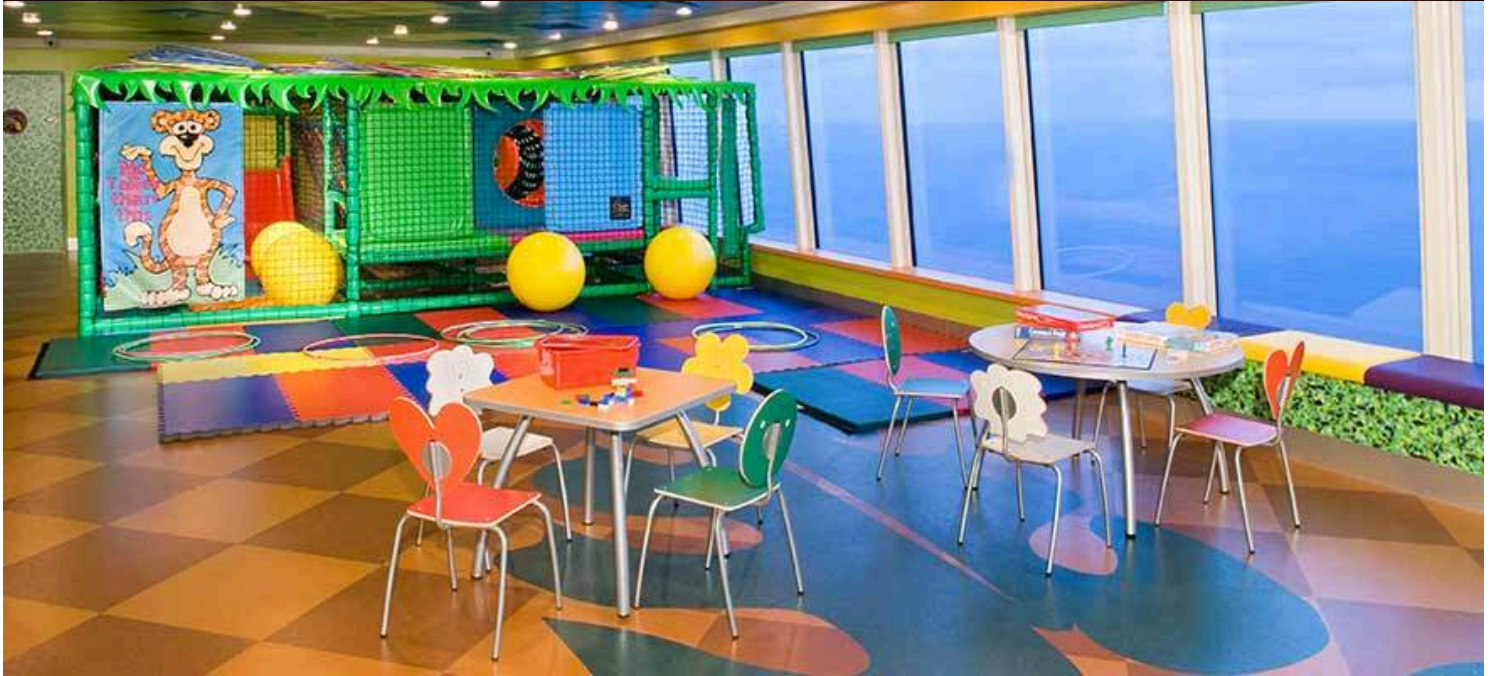
Splash Academy

Get into the zone of fun because Splash Academy is just for kids! With lots of open space for active games and an arts and crafts area kids can do what they do best - be a kid! The Splash Academy drop off age is 3-12 years old.

Guppies

Guppies Open Play is for the littlest cruisers and offers a play space for parents to interact with their infants/babies/toddlers 6 months - 3 years old and children in nappies. Toys, balls, and sensory items are available within the space. The timetable varies per ship and itinerary and is posted in the Freestyle Daily. Guppies Open Play is not a drop off programme.

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Health & Fitness on Norwegian Gem

Pulse Fitness Centre

There are numerous ways to stay in shape whilst on board. The Pulse Fitness Centre is open from 6am to 11pm with a full gym and aerobics/fitness classes daily.

Spa Thermal Suite

The Thermal Suite offers a unique experience benefiting the mind and body. Feel the weightlessness and total relaxation created by the kneading effect of water in the Thalasso Therapy Pool. Head to the steam room to soothe aching joints, freshen your complexion and reenergise your immune system. If detox is what you crave, sit down at the sauna to sweat out your cares as your heart and sweat glands work together to purify your body. Take a dip in the hot tub and leave the world behind as the power of the warm water improves your circulation and loosen stiff muscles.

Thermal Suite Pass

Refresh, recharge and relax. Experience the ultimate in heat and water therapy at the Thermal Suite and enjoy the resplendent views.

Vitality Pool

Slip into warm water and let massaging jets relieve any tension. Take advantage of Thalassotherapy, which harnesses the soothing properties of the sea to reduce soreness, improve skin conditions and boost mood.

Thermal Suite Lounge

This expansive relaxation area soars above the ocean offering breathtaking views of the horizon and beyond. Lay back and unwind in one of our guest-favourite hot stone loungers as you stare out at the sea.

Cold Therapy

Time to chill out! Cool off in our refreshing Snow Room, Ice Room or Rain Showers. Cold therapy has been shown to help increase blood circulation, awaken the senses, invigorate the respiratory tract, and strengthen

the immune system. Cold exposure can even make hair and nails shinier.

Saunas

From classic Finnish to detoxifying charcoal to cutting-edge infrared, all of the saunas in the Thermal Suite create relaxation from head to toe. Benefits of heat therapy include everything from pain relief to toxin removal to improved sleep.

Salt Room

Experience the subtle and soothing effects of the salt chamber. Himalayan salt creates a healing oasis akin to ancient natural salt caves. Dry Salt therapy can alleviate health problems, reduce stress, improve skin and help with insomnia.

Steam Room

Our aromatic, temperature controlled steam rooms provide the relaxing warmth of plant-essence infused steam. The herbal extracts can help combat stress, clear congestion, improve skin health and even lower blood pressure.

Mandara Spa & Salon

Step into the world-renowned Mandara Spa and Salon®, where time slows and tranquility takes over. Indulge in signature massages, high-performance Biotec facials, and ancient healing through acupuncture-or rejuvenate your skin with advanced Med Spa treatments. Complete your transformation in the salon with expert hair styling, precision barber services, and flawless nail care, leaving you refreshed, radiant, and ready to sail.

Salon

Let your beauty shine through with salon services for men and women. Professional shaves, blowouts, waxing, nail services and more. We proudly feature Kerastase personalised hair treatments to nourish, repair and strengthen your hair.

Tahitian Pool

Main pool.

Vibe Beach Club

Vibe Beach Club is an exclusive, adults-only retreat with ocean views, plush loungers, an oversized hot tub, and perks like chilled towels and fruit skewers. Access requires a Pass or Cabana for two, available for your full cruise. Reserve early-space is limited.

Hot Tubs

There are six hot tubs conveniently located throughout the ship. Try them all out or pick your favourite and make relaxing and unwinding a part of your daily regimen.

Basketball/Volleyball/Tennis Court

Shoot hoops, join a pick up game, or play tennis at the enclosed, outdoor Basketball/Volleyball/Tennis Court.

Jogging/Walking Track

Run circles around the other guests or get in your daily walk whilst you're at sea. Breakfast always tastes better after a good walk or run, right?

Treatments

Aroma Spa Seaweed Massage - 100 minutes

Indulge in this detoxifying wrap and massage to reduce fluid retention and cellulite and replenish your body's systems with vital trace elements. This treatment concludes with a full body massage.

Aroma Spa Seaweed Massage - 75 minutes

Indulge in this detoxifying wrap and massage to reduce fluid retention and cellulite and replenish your body's systems with vital trace elements. This treatment concludes with a full body massage.

Aroma Stone Therapy - 50 minutes

Heated Basalt Stones are applied to key points of the body, whilst your therapist massages your body with warmed, fragrant aromatherapy oils.

Aroma Stone Therapy - 75 minutes

Heated Basalt Stones are applied to key points of the body, whilst your therapist massages your body with warmed, fragrant aromatherapy oils.

Bamboo Massage - 50 minutes

Imagine warm bamboo shoots of various sizes soaked in essential oil rolling, sliding and massaging your muscles into pure bliss. Getting into the belly of the muscle, this deeper tissue massage targets specific areas, releasing the build-up of tightness using sliding and rolling techniques across the body, hands and feet, kneading away soreness to your specified level of pressure.

Bamboo Massage - 75 minutes

Imagine warm bamboo shoots of various sizes soaked in essential oil rolling, sliding and massaging your muscles into pure bliss. Getting into the belly of the muscle, this deeper tissue massage targets specific areas, releasing the build-up of tightness using sliding and rolling techniques across the body, hands and feet, kneading away soreness to your specified level of pressure.

Body Composition Analysis

Our fitness professionals will determine your body fat percentage, metabolic rate and water retention level and then compare the results to the percentage recommended for you.

Couples Deep Tissue Muscle Massage

You and your favourite person can enjoy a gorgeously relaxing full body Deep Tissue Muscle Massage as you lie side by side. The listed price is per couple.

Couture Touch Face and Body Treatment - 100 minutes

Condition your skin and condition your muscles with this all-embracing hands-on experience. Includes a ELEMIS hands-on TOUCH facial with your choice of a Deep Tissue Muscle Massage or an Aroma Stone Therapy.

Couture Touch Face and Body Treatment - 50 minutes

Condition your skin and condition your muscles with this all-embracing hands-on experience. Includes a ELEMIS hands-on TOUCH facial with your choice of a Deep Tissue Muscle Massage or an Aroma Stone Therapy.

DYSPORT® Cosmetic Wrinkle Treatment - Crow's Feet

Soften the wrinkles around the outside corner of the eyes with this targeted wrinkle treatment.

DYSPORT® Cosmetic Wrinkle Treatment - Forehead Lines

Smooth horizontal forehead lines with this targeted wrinkle treatment.

DYSPORT® Cosmetic Wrinkle Treatment - Frown Lines

Soften wrinkles between the eyebrows with this targeted wrinkle treatment.

Deep Tissue Muscle Massage - 50 minutes

Using muscle-melting warmed oils and deep pressure massage movements, we massage deep into the belly of the muscle, erasing stress, tension and lactic acid build up.

Deep Tissue Muscle Massage - 75 minutes

Using muscle-melting warmed oils and deep pressure massage movements, we massage deep into the belly of the muscle, erasing stress, tension and lactic acid build up.

ELEMIS Deep Cleanse Grooming Treatment with Shave

A quick, clean, silky shave for the man who wants to be smooth!

ELEMIS Dynamic Resurfacing Precision Peel

Experience the age-defying benefits of marine-charged Padina Pavonica whilst targeted massage encourages optimum cellular function.

Express Shave

A quick, clean, silky shave for the man who wants to be smooth!

Fire and Ice Manicure

Beautify your nails with this invigorating manicure that will warm your spirit and cool your stress.

Fire and Ice Pedicure

This super rejuvenating pedicure will warm your senses and cool your tension, leaving your nails and skin looking beautiful.

GO SMILE™ Teeth Whitening Treatment

Are you ready to smile? Then try our advanced tooth-whiten

Intensely Cleansing Salt Scrub - 50 minutes

The extraordinary cleansing power of salt goes to work releasing toxins in this body polishing treatment. Choose from Frangipani Monoi Salt Scrub or Lime and Ginger Salt Glow with a 25 minute massage.

Intensely Cleansing Salt Scrub - 75 minutes

The extraordinary cleansing power of salt goes to work releasing toxins in this body polishing treatment. Choose from Frangipani Monoi Salt Scrub or Lime and Ginger Salt Glow with a 50 minute massage.

Ionithermie Cellulite Reduction Treatment

Reduce the appearance of cellulite and firm and tone the skin with this Parisian treatment that offers substantial inch loss in just one session.

Nutritional Consultation

If you are ready to enhance your well-being with a sensible diet and exercise programme, our fitness professionals can provide you with the in-depth information you need to get you started.

Personal Training

After conducting a Body Composition Analysis, our personal trainers will design a nutrition and exercise plan that will help you achieve the results you've always wanted.

Pro-Collagen Age Defy

This anti-aging facial combines the benefits of exotic ingredients to plump out fine lines and reduce skin-fatigue - helping relax wrinkles, whilst an age-defying peel-off mask encourages the highest cellular function, visibly improving firmness and elasticity for beautifully nourished, younger looking skin.

Pro-Collagen Grooming Treatment with Shave

Our most opulent grooming service for men, this is simply the shave of all shaves combined with the facial of all facials! Your skin will be left perfectly smooth.

Restylane® Lip Enhancement Treatment

Add volume to uneven or small lips. This treatment provides you with a fuller, natural looking lip instantly.

Restylane® Lip Lines Treatment

This treatment softens the border of the lip for a smoother lip line.

Restylane® Marionette Lines Treatment

Restore youthful contours by softening the lines from the corners of the mouth to the chin with this FDA approved dermal filler.

Restylane® Smile Lines Treatment

Restore youthful contours by softening the lines from the corners of the nose to the mouth.

Swedish Massage - 50 minutes

This relaxing Swedish massage uses techniques that will smooth away stress and tension.

Swedish Massage - 75 minutes

Enjoy this deeply relaxing Swedish massage for a full 75 minutes.

Traditional Chinese Acupuncture - 1 session


Curious about acupuncture and how it can benefit you? Try this special introductory treatment.

Show more ▼







 View 8 photos

Deckplans on Norwegian Gem

Deck 15

- The Haven Sun Deck
- The Haven Deluxe Owner's Suite with Large Balcony
- Sun Deck
- Guppies
- Vibe Beach Club
- Garden Villa Private Sun Deck

Deck 14

- Sun Deck
- The Haven 3-Bedroom Garden Villa
- The Haven 2-Bedroom Family Villa with Balcony
- The Haven Courtyard Penthouse with Balcony
- Vibe Beach Club Cabana

Deck 13

- Bali Hai Bar & Grill
- Moderno Churrascaria

- Cagney's Steakhouse
- Bali Hai Bar & Grill
- Spinnaker Lounge
- Sugarcane Mojito Bar
- Basketball/Volleyball/Tennis Court
- Jogging/Walking Track
- The Chapel
- Dance Floor
- Shuffleboard Court
- Deck Games
- Chess
- Golf
- Sports Court

Deck 12

- Garden Café
- The Great Outdoors
- Topsiders Bar & Grill
- La Cucina
- Pulse Fitness Centre
- Hot Tubs
- Mandara Spa & Salon
- Spa Thermal Suite
- Splash Academy
- Tahitian Pool
- The Library
- Video Arcade
- Kids' Café
- Entourage
- Cinema
- Ice Cream Bar
- Balcony

Deck 11

- Bridge Viewing Room
- 2-Bedroom Deluxe Family Suite with Balcony
- Aft-Facing Club Balcony Suite
- Club Balcony Suite
- Guarantee Club Balcony Suite
- Family Inside
- Inside
- Guarantee Inside

Deck 10

- The Haven Deluxe Owner's Suite with Balcony

- Forward-Facing Deluxe Penthouse with Large Balcony
- Forward-Facing Penthouse with Large Balcony
- Aft-Facing Penthouse with Large Balcony
- Aft-Facing Balcony
- Family Balcony
- Balcony
- Guarantee Balcony
- Family Inside
- Inside
- Guarantee Inside

Deck 9

- The Haven Owner's Suite with Large Balcony
- Forward-Facing Penthouse with Large Balcony
- Aft-Facing Penthouse with Balcony
- Aft-Facing Balcony
- Family Balcony
- Balcony
- Guarantee Balcony
- Family Inside
- Inside
- Guarantee Inside

Deck 8

- O'Sheehan's Bar & Grill
- Aft-Facing Penthouse with Balcony
- Aft-Facing Balcony
- Balcony
- Solo Balcony
- Guarantee Balcony
- Family Oceanview
- Oceanview with Picture Window
- Obstructed Oceanview
- Guarantee Oceanview
- Family Inside
- Inside
- Guarantee Inside

Deck 7

- Sushi
- Orchid Garden
- Teppanyaki
- Starbucks®
- Atrium Bar
- Bliss Ultra Lounge & Night Club

- Sake Bar
- Stardust Theatre
- Famous Riffz
- Blazing Boots
- The Broadway Cabaret
- Ignite The Night
- The Welcome Aboard Show
- Wheel of Fortune
- Professional Portraits
- Art Gallery
- Photo Gallery
- Effy Jewellery
- Swarovski
- The Beauty Shop
- The Photo Gallery
- The Collection
- Stardust Theatre (Balcony)
- Promenade Deck
- Shore Excursions
- Guest Services
- Gift Shop

Deck 6

- Grand Pacific Main Dining Room
- Magenta Main Dining Room
- Le Bistro
- Corona Cigar Club
- Gem Club Casino Bar
- Magnum's Champagne & Wine Bar
- Maltings Beer & Whiskey Bar
- Shakers Martini & Cocktail Bar
- Famous Riffz
- Blazing Boots
- The Broadway Cabaret
- Ignite the Night
- The Welcome Aboard Show
- Wheel of Fortune
- Stardust Theatre
- Business Centre & Meeting Rooms
- Gem Casino

Deck 5

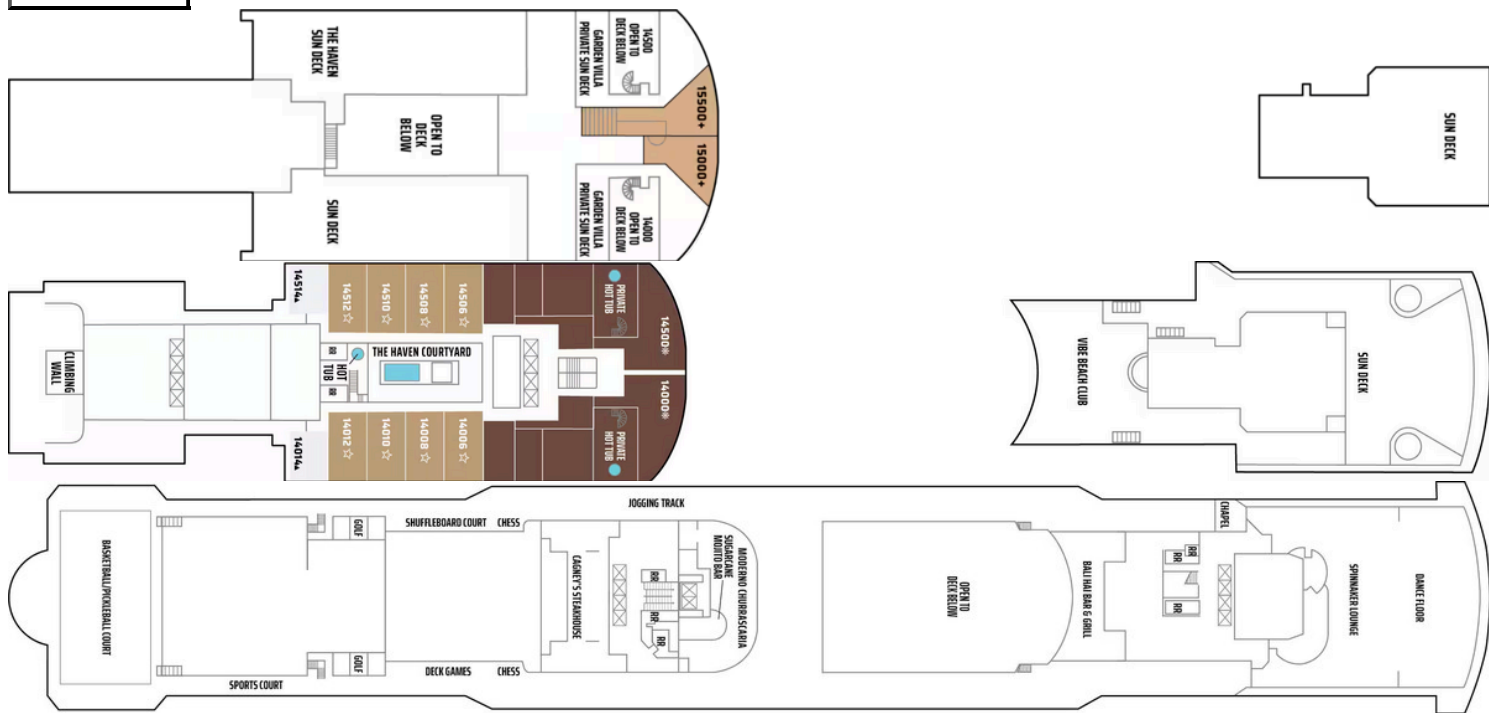
- Stardust Theatre
- Family Oceanview
- Oceanview with Picture Window

- Oceanview
- Guarantee Oceanview
- Inside
- Solo Inside
- Guarantee Inside

Deck 4

- Medical Centre
- Oceanview
- Solo Oceanview
- Guarantee Oceanview
- Inside
- Solo Inside
- Guarantee Inside

Show more ▼



View 12 photos

Mar 4 • Thursday

Tampa, Florida, United States

Activity · Thu, Mar 4


Duration

Departs 4:00pm

Home to a large number of museums, and often considered one of the best destinations for the arts in the US, Tampa is a must see for anyone interested in the arts, contemporary or older. The Museum of Science and Industry is also an interesting tourist attractions to visit, especially with children.





 [View 4 photos](#)

Mar 5 • Friday

At sea



Activity · Fri, Mar 5

Mar 6 • Saturday

Great Stirrup Cay, Bahamas



Activity · Sat, Mar 6 at 7:00am

Duration

Departs 5:00pm | Arrives 7:00am

Located 50 miles from Nassau, Great Stirrup Cay is a 250-acre island owned by Norwegian Cruise Line. A range of activities are on offer, including water sports, ping-pong, beach volleyball and a water slide. For lunch, the Jumbey Beach Grill offers barbecues on the beach. Afterwards, head to the Berried Treasure Bazaar to find a little something to bring back home.



Excursions



Activity

What to Do at Great Stirrup Cay

Great Stirrup Cay is Norwegian's private-island playground — a relaxing beach day with plenty of optional adventures.

Relax & Unwind

- **Clam Shells & Loungers** — Shade and comfort right on the beach
- **Beach Cabanas** — Private shaded spaces with seating
- **Silver Cove Villas** — Luxury, air-conditioned retreats for 2-16 guests
- **Great Life Lagoon Cabanas** — Poolside cabanas with upgraded amenities
- **Vibe Shore Club (Adults Only)** — A quieter, elevated beach experience

Get on the Water

- **WaveRunner® Tours** — Guided 45-minute adventure through the Berry Islands
- **Kayak Tours** — Peaceful paddling in turquoise water
- **Stand-Up Paddleboarding** — Easy, scenic, and great for beginners
- **Snorkeling** — Explore reefs and underwater sculptures
- **Floating Mats & Water Toys** — Relax and drift in the cove

Animal Encounters

- **Stingray Encounter & Swimming Pigs Experience** – A two-part adventure where guests interact with gentle stingrays in shallow water, then meet the famous Bahamian swimming pigs for feeding, photos, and fun.
- **Stingray Encounter (Standalone)** – Educational, hands-on interaction with southern stingrays
- **Swimming Pigs (Standalone)** – Feed and interact with the island's adorable swimming pigs

Adventure & Thrills

- **Seahawk Zipline** – 1,600 feet of over-the-water ziplining
- **Osprey Zipline** – Multi-flight zip experience with sweeping island views


Food, Drinks & Island Vibes

- Complimentary beachside dining
- Full beverage service included with the Free at Sea drink package
- Plenty of space to swim, sun, and explore at your own pace

Show more ▼





 [View 39 photos](#)

Mar 7 · Sunday

At sea



Activity · Sun, Mar 7

Mar 8 · Monday

Tampa, Florida, United States



Activity · Mon, Mar 8 at 7:00am


Duration

Arrives 7:00am

Home to a large number of museums, and often considered one of the best destinations for the arts in the US, Tampa is a must see for anyone interested in the arts, contemporary or older. The Museum of Science and Industry is also an interesting tourist attractions to visit, especially with children.





 [View 4 photos](#)

NorwegianCare Travel Protection - Balcony Staterooms

\$84.31 per person

Deposit: per person

[→ Book now](#)

Available until November 4, 2026

What's Included with NorwegianCare Travel Protection

- Reimbursement for trip cancellation, interruption, and delays (covered reasons)
- 90% future cruise credit for non-covered cancellations
- Emergency medical and evacuation coverage
- Lost/delayed baggage protection
- 24/7 worldwide travel assistance
- Coverage begins once plan payment is received

NorwegianCare Travel Protection - Inside and Oceanview Staterooms

\$75.00 per person

Deposit: per person

[→ Book now](#)

Available until November 4, 2026

What's Included with NorwegianCare Travel Protection

- Reimbursement for trip cancellation, interruption, and delays (covered reasons)
- 90% future cruise credit for non-covered cancellations
- Emergency medical and evacuation coverage
- Lost/delayed baggage protection
- 24/7 worldwide travel assistance
- Coverage begins once plan payment is received

Packages

Balcony Stateroom

\$843.10

Available until November 04, 2026

Deposit: \$50.00 per person

[Book now \(10 left\) \(/bookings/bwFe3kfvXV7a8vHyuzTV7bu3/client/edit?package_token=wJDR8GjBsJ4LQKz1LvghmgWy\)](/bookings/bwFe3kfvXV7a8vHyuzTV7bu3/client/edit?package_token=wJDR8GjBsJ4LQKz1LvghmgWy)

Balcony staterooms come with two lower beds that convert into a queen-size bed, with additional bedding for up to 2. Also includes a sitting area and floor-to-ceiling glass doors that open to a private balcony. Some can connect, offering more options when travelling with family or friends.

Oceanview Stateroom

\$618.10

Available until November 04, 2026

Deposit: \$50.00 per person

[Book now \(5 left\) \(/bookings/bwFe3kfvXV7a8vHyuzTV7bu3/client/edit?package_token=4LGtREFZxH6Y6aQcrFjZswLc\)](/bookings/bwFe3kfvXV7a8vHyuzTV7bu3/client/edit?package_token=4LGtREFZxH6Y6aQcrFjZswLc)

Up to four guests can stay in these Oceanview Staterooms. Includes two lower beds that convert into a queen-size bed and additional bedding to accommodate up to two more guests, as well as a porthole to enjoy the view. Some can connect, perfect when travelling with family or friends.

Inside Stateroom

\$558.05

Available until November 04, 2026

Deposit: \$50.00 per person

[Book now \(5 left\) \(/bookings/bwFe3kfvXV7a8vHyuzTV7bu3/client/edit?package_token=qUX5C488ET949atB1AHwt5im\)](/bookings/bwFe3kfvXV7a8vHyuzTV7bu3/client/edit?package_token=qUX5C488ET949atB1AHwt5im)

These Inside Staterooms are the most affordable way to cruise. There's room for up to four guests and they include two lower beds that convert into a queen-size bed and of course, you'll have room service and many other amenities.

Extra options

Norwegian Care Travel Protection - Inside and Oceanview Rooms

Available until November 04, 2026

What's Included with NorwegianCare Travel Protection **\$75.00**

- Reimburseme for trip cancellation, interruption, and delays (covered reasons)

- 90% future cr
- Emergency m
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- 24/7 worldwi
- Coverage beg

NorwegianCare Travel Protection - Balcony Staterooms

Available until November 04, 2026



What's Included **\$84.31**
with
NorwegianCare
Travel Protection

- Reimburseme
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(covered
reasons)
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non-covered
cancellations
- Emergency
medical
and
evacuation
coverage
- Lost/delayed
baggage
protection
- 24/7
worldwide
travel
assistance
- Coverage
begins
once plan
payment is
received

